



PARTNERING TOGETHER



(a publication of Special Health Care Needs-Family Partnership)

Northwest MO

Winter 2005

Conference and Seminar Scholarships

The Metropolitan Council on Developmental Disabilities is happy to announce the Audrey Newkirk Memorial Scholarship. The council established this fund in honor of their former Executive Director, Audrey Newkirk. The purpose of this scholarship is to assist self-advocates and their family members to attend conferences and seminars.

Interested persons that live in Ray, Platte, Clay, Jackson, Johnson, Lafayette, Cass or Bates county can apply for up to \$200 per person toward the registration fees for training they are interested in. The MCDD Outreach and Advocacy Committee will review applications on a monthly basis and make recommendations to the Council. Please try to allow 30 days to process the requests. For more information or to receive a scholarship application please contact MCDD at (816) 889-3422.



**Check out the new exclusive listserv
for Missouri families of children with special
needs participating in the
Family Partnership program**

To subscribe, send an email to:

MO-FP-subscribe@yahoogroups.com

Statewide Retreat a success!

On November 4th & 5th we had 90+ parents, grandparents and caregivers attend our annual retreat in Columbia. Friday evening was spent playing Family Partnership Jeopardy. Not only did participants have fun, they were also able to learn about various agencies and resources. On Saturday our keynote presenter, Dr. James Meyer presented on relationships, stress and money, and how to find balance. Following Dr. Meyer, we had presentations from the School Nurse Association, and Doris Weber presented on Life Care Planning to wrap up the day. Not only did participants gain useful information during the sessions, they also had the opportunity to visit with numerous exhibitors throughout the day.



MARK YOUR CALANDERS!

Northwest Regional Meeting

Tuesday, January 31, 2006

10:00a.m.-2:00p.m.

Northwestern District Office located at

3717 South Whitney Avenue

Independence, MO

Reserve your space!

As a kid I had a hard time reading in school. I was the kid who would go one period a day to the class for kids with learning disabilities.

~ Vince Vaughn, Actor

Healthy New Year's Resolutions for Kids Preschoolers

- ♥ I will clean up my toys.
- ♥ I will brush my teeth twice a day, wash my hands after going to the bathroom and before eating, and clean up my messes right away.
- ♥ I won't tease the family dog or even a friendly dog, and I will avoid being bitten by keeping my fingers and face away from his/her mouth.

School Age Kids

- ♥ I will try to find a sport (like basketball or soccer) or an activity (like jumping rope, dancing, or riding my bike) that I like and do it at least 3 times per week.
- ♥ I will wear my seat belt every time I get in a car. I'll use a booster seat until I can correctly use a lap/shoulder seat belt.
- ♥ I'll be nice other kids. It's easier and more fun than being mean, and I'll feel better about myself.
- ♥ I will always wear protective gear – especially a helmet – when cycling, scooting or blading.
- ♥ I'll never give out personal information such as my name, address, school, or phone number in an Internet chat room or an Internet bulletin board. Also, I'll never send a picture of myself to someone I chat with or without my parent's permission.

Tips provided by the American Academy of Pediatrics
Visit www.aap.org for more health information.

Your Family Partner:

Tracy Simmons

Local: (816) 537-8103

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Email: Tsimmons8103@aol.com

Check out our **NEW** Website!

www.dhss.mo.gov/FamilyPartnership/

The newly revised Family Resource Manuals are out! If you do not have one, contact your Service Coordinator or Tracy to get yours! These manuals created by the DHSS Special Health Care Needs unit are full of resources for your child with special needs and family!

***Watch your mailbox
for upcoming meeting
dates!***

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